

# 1<sup>st</sup> GRADE

## Ms. Haniyeh's class newsletter

### Dear parents

We have come to the end of our first unit of inquiry which was: “*who we are*”

#### Central idea:

People personal choices correlate with their lifestyle.

#### Lines of inquiry:

- Daily routines and habits.
- Balanced choices.
- How balanced choices and a healthy lifestyle are connected.

Get Healthy Food Journal week of: 10/10/2020

	Breakfast	Lunch	Dinner	Snacks	Exercise	Water
Sunday						
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						

### UOI

In this theme we worked on:

- Food pyramid.
- Healthy & unhealthy foods.
- Bed time routine.
- What give us energy and what does our body need?
- We also made a yummy fruit salad.

For the final project the students worked on a food journal for a whole week and then they presented their journals in the class and they decided to make some changes into their food diets and add more healthy meals to it.



***In math we covered:***

- Numbers 0-10
- Zero
- More and fewer
- Pictograph
- Tally marks
- Different ways to make numbers
- Making a table
- Odd and even numbers
- Patterns
- Tense frame

***In LA we covered:***

- Short vowels
- Long vowels
- Magic e
- Diagraphs (sh /ch/wh/th.).
- Sight words.
- We also worked on 5 spelling word lists and had 5 spelling tests.
- We had huge improvements in handwritings.

***We also celebrated fall festival and had a lot of fun.***



See you soon.

